

The Oregon Whitewater Association brings private boaters together for the enjoyment of whitewater boating. Our vision is to promote whitewater safety and training for all of our membership in an effort to provide safety awareness and confidence when executing river rescue skills. OWA is the community of choice where fun and river adventures thrive and where people and rivers connect.



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McKenzie River Trip Report "Finding Nemo"

Submitted by **Crista Wakefield**

June 25-28 was the annual club trip on the McKenzie River, a fun class 2/3 river. 3 days of boating, camping and eating with the wonderful people who make up this Club. 31 adults and 11 children attended the trip. The river was running at 1068 CFS, which made it a boney but enough flow for some good splashes. On Friday we ran from Paradise to Bruckert and on Saturday from Frizzel to Bruckert Bridge. This is a continuous Class 2 section of river so even though it is not big water it is fast with plenty of action. A fun time appeared to be had by all with only a few hang-ups on rocks and one swim from an IK. The decision was made not to run from Olallie due to low water levels; it was just too boney to run in big boats. On Sunday a small group of 2 rafts and 2 kayaks ran the lower section which is a combination of swift water class 2 waves and a couple of 2+ rapids and ending with Martin's, a long 3+ wave train. It was the most fun swim I've had from my kayak.

Continued on page 4

September Club Meeting:

Flying Pie Pizza
 7804 SE Stark Street
 Portland, OR 97215

**Wednesday,
 September 9, 2015
 from 6:00-9:00 PM**

Contact Information



Your OWA Officers and Volunteers

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OWA web site address:

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River Tip

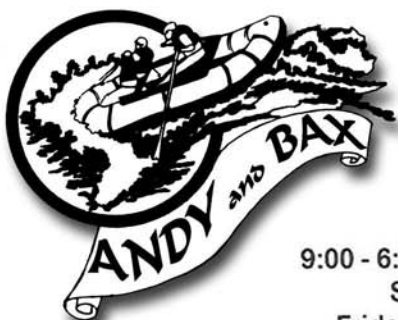
Submitted by Tom Hanson

Check your ropes for wear and tear. This includes bow lines, shore lines, throw ropes, z-drag ropes and tie down ropes. We tend to overlook these common items that we depend on so much. If any are frayed, consider replacing them. Also, when you get back from any river trip, take all ropes out of their bags so they can dry properly. Cotton ropes will rot if not allowed to dry.

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Wilderness First Aid, Picnic, and Club Trips by Bruce Ripley

Well summer is starting to wind down, or “burn out” to be more accurate. It’s certainly been hot and dry across the west this summer but it didn’t seem to stop most, if not all of us from going on extended trips.

We will be hosting our first meeting in quite a while in a couple weeks and if you are new to the club, or haven’t been to a meeting in a while I’d encourage you to come on down to Flying Pie and see all of your friends. In addition we have a few trips on the schedule for the fall and while the rivers are a little on the low side there should be enough water in all those rivers to get us down quickly and safely. If you are headed to the Tieton just remember that it’s not a particularly enjoyable place to swim and if you confine your party activities to camp you’ll probably have a lot more fun and be a lot better off while you are on the river!

The wilderness first aid class is coming up soon, and there are still a few slots left. If you are new to the club or you haven’t taken the class before I would strongly encourage you to sign up. You won’t be disappointed! The class is really good, and there are no better instructors around. One of the things that I often hear is “I’ve been on the river for 100 years and never had a problem”... if that’s you then you’d better sign up now because your turn is coming. That used to be me until I had two or three trips in a row that required a bit more skill than simply applying a Band-Aid to a blister. If you don’t sign up just make sure that you bring someone along with you on your trips that did!

The club picnic was a great success. Once again we met at Eagle Fern Park and we had a solid turnout. It’s nice to meet up outside and talk about what’s been going on over the summer and tell some river stories. The gear swap is always very interesting it’s a great way to get rid of gear that needs a new home, or to get something that you didn’t know you needed. If you haven’t made to one before you should make sure not to miss next year’s event.

Stay safe on the river and we’ll see you at the meeting!

Trip Leaders

As most of you know the club provides lots of services from social events like the recent club picnic, to monthly meetings, club coordinated river trips, and safety training and special events. We have a pretty full trip schedule lined up for the fall and spring but we can’t do that without you. You might have caught it on the front page, but we are in need of a trip leader for our Veteran’s Day Rogue trip. It’s not a particularly hard job and several others pitch in to help make it go smoothly but we really can’t pull off this trip without someone in charge. Want to help? Send a note to the contact on page 2.

OWA September Meeting

The next meeting is at our normal location, Flying Pie on Stark Street. If you’ve joined the club in the last few months this is a great opportunity to meet your fellow club members. Please plan on joining us!

If you pay your dues now we’ll extend them through 2016!

www.oregonwhitewater.org/dues.html

McKenzie Trip Report



McKenzie Trip Report: Continued from page 1

We all camped at Horse Creek Camp a beautiful group campground right on Horse Creek. Friday and Saturday night we ate until we burst from all the great potluck food and enjoyed socializing with fellow club members. After dinner some of the group went off to enjoy the fabulous hot springs in the area. Others stayed behind and enjoyed a surprise thunder and lightning storm on Friday night. In the mornings we were treated to a warm pancake breakfast to get us going. Special thanks to Gordi, Katie, Emily, and Suzy for making this breakfast awesome and to Brenda Bunce for coordinating. Also special thanks to John Lemke for all his help with boats and hard work in general.

For some of us the truly exciting part of the trip was the trip down Horse Creek on the Aire couch named "Nemo". Many people arrived Thursday to be ready for boating bright and early Friday. Dianne Kreager, John Lemke and family, Shannon Scroggins and I arrived really early and found a campsite on the creek with a pool perfect for floating on the couch. John spent the day fishing with his dad while the ladies of the group attended to the campsite (ie hanging out in the river drinking refreshments).

It was a hot day and we decided to take the inner tubes on a run down the creek. The water was swift, just over waste deep and even a few class 1 rapids. After a successful tube run we celebrated with a very small shot of Fireball. After a short while someone had the thought, "Should we run the couch down the creek?" After some discussion that went something along the lines of "I'll do it if you do it" and "should we wait for John to set up safety?" a thought that was quickly forgotten. Dianne, Shannon and I grabbed paddles and pfd's and embarked on the inaugural run of Nemo the Couch. As a small crowd gathered we tried one method of paddling and Nemo flipped us into the water. After regathering and trying a new paddle method we made it further down the river before it ejected us. This time we all went in different directions and no one was able to keep hold of the couch. No one lost a paddle! If you were ever wondering who is a faster swimmer couch or human, the answer is couch. The three of us banged over rocks chasing Nemo as it swam over rocks and dodged snags until we finally remembered "people first, gear second". A valiant effort was made by Shannon to find the couch in her kayak but gave up after deciding not to take her kayak alone around a blind bend. We had to give the couch up as lost and many deep sighs and sad looks were passed around the campsite that evening.

Continued on page 5



McKenzie Trip Report



McKenzie Trip Report: Continued from page 5

The next day was a fun day running the McKenzie, knowing that Horse Creek dumps into the McKenzie; we kept our eyes peeled for a flash of bright orange and even asked a few river guides and random onlookers if they've seen the couch but no luck. After returning to camp that afternoon John decided he would not give up on Nemo and took Dianne for a bushwhacking expedition in search of Nemo. After what seemed like hours to those of us back at camp John came running up telling us to grab our pfd's they'd found the couch. We bushwhacked and walked the creek until just passing the bend that halted Shannon the previous day. Suddenly a flash of orange appeared near the opposite bank and there was Nemo upside down and snagged by an over hanging branch, the only thing that was keeping it from being swept into the Mighty McKenzie.

John attached a rope to Shannon's pfd and she swam as live bait to Nemo. Meanwhile Dianne and I crossed the river to set up downstream safety, yet another bad decision, as we were nearly swept by the current and had to hold our position by hanging on to branches. Shannon, however made it safely to the couch, tethered it and safely towed it to the other side of the creek. Then John was able to throw the rope to Dianne and I and get us safely back to the other side. John and Shannon walked upstream with Nemo and up to the bridge. We were able to get the couch in the truck. Nemo was saved!



Trip Leader Needed!



Trip Leader Needed

Veteran's Day Rogue Trip

Launch: Saturday, Nov 7th

Take Out: Monday, Nov 9th

We are looking for someone to lead the Rogue trip this fall. The size and details of the trip are set at the discretion of the trip leader! Interested?

Contact: Pat Barry

tripeditor@oregonwhitewater.org

Do you have something you would like to submit to the OWA Newsletter?

Contact Katie Watry at

VicePresidentNewsletter@oregonwhitewater.org

To show our appreciation and to encourage future contributions, the Oregon Whitewater Association will have an annual drawing for \$150 gift certificate to one of the OWA sponsors. Every member who submits written material that gets published in the newsletter will automatically be entered into the drawing.

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First Annual

Santiam Whitewater Festival 2015

RUCKUS ON THE RIVER



September 5-7



Event time: 9:30-11:30am
 Cost: \$10
 Description: This is a class IV+ kayak event. Only advanced to expert kayakers permitted. Previous experience on this section required. This 5 minute sprint race will require paddlers to navigate the class IV+ rapids- "The Narrows" and "Niagara" rapids on the North Fork Santiam River. Spectators will be able to view the finish line at Niagara County Park.

Event Time: 1:30-2:30pm:
 Cost: \$10
 Description: This is a class II-III white-water race. Paddlers will negotiate the N.F. Canyon with Class III- Fake Spencers, and Spencers hole rapids. This ten minute sprint will test paddlers river reading ability to find the fastest line. Categories include: Kayak, Canoe, Raft (R2, R4), SUP, with a junior and ladies division for every category that has at least 3 racers.

Head to Head Extreme tubing challenge over Mill city falls.
 115 N Wall Street Mill City, OR 97360
 Event time: 4:30-5:30pm
 Cost: \$10 to enter, plus \$5 to rent a tube (or bring your own), or \$15 to purchase a tube (limit 50 competitors)

Dinner feed for all participants with music in the future Mill City Falls Park- block party style. This is a non-alcoholic event, and camping is also provided to all competitors in a pre-determined area within Mill City Kimmel Park . We will have a small raffle, and prize for the winners of all categories

Registration will occur roughly an hour before each competition at 108 N. Santiam Hwy, Gates OR 97346 For Extreme and Downriver Races

Tubing Challenge register 3-4 pm
 115 N Wall Street Mill City, OR 97360

Basic Rescue Gear for River Runners

Submitted by Zach Byars of Sierra Rescue

In a pinch, boaters are often forced to make do with what's available, and given the already limited access to equipment, it makes sense to keep a minimum amount of gear on the individual or in his or her boat. In our classes at Sierra Rescue we recommend and teach a basic 'tool belt' for river runners. With training, the components of this tool belt can be utilized to build simple rope systems and facilitate access in water related rescues. The gear is as easy as 3-2-1.

- 3- three locking carabineers
- 2- two prussic loops (diameter that fits your rope)
- 1- length of webbing (long enough to make a harness)

Taking one step further, a more comprehensive tool belt or boater rescue kit may include 4-3-2-1.

- 4- four locking carabineers
- 3- three prussic minding pulleys (light weight aluminum 1")
- 2- two prussic loops (diameter that fits your rope)
- 1-length of webbing (long enough to make a harness)

The addition of pulleys helps to reduce friction in the simple systems you create, and enables pig rig systems to be set up quickly. In many cases it isn't realistic to carry all that gear in a pfd, but for kayakers and rafters alike some should be on your person and the remainder stored in your boat.

With the above listed gear, the possibilities of access are wide open. A rescuer's options could range from a simple raise / lower system, to a more involved mechanical advantage set up, or a simple vector pull. If you are considering hauling with the above-mentioned gear, the rope you decide to use is important. Make sure you are aware of the strength limitations within your entire system and have taken safety precautions such as adding a damper on the load or a redirection at the anchor.

With any gear you decide to carry with you on the river it should have a purpose, and you should understand how to use the gear. In most rescues the simplest way is often the best and easiest to manage. More ropes means higher risk and necessitates better communication among rescuers. Most importantly practice the set up of these simple systems beforehand, and become familiar with their benefits and drawbacks.

INGREDIENTS

6 red or yellow potatoes

olive oil

1/2 cup Nayo (you can use mayo if you prefer)

1/2 cup finely chopped celery

1/2 cup minced red onion or green onion

2 Tbs minced Italian flat leaf parsley

1 tsp sea salt

optional 1/4 tsp ground turmeric, if you want to add some color

smoked paprika for finish



Potato Angels - The Vegan Answer to Deviled Eggs

Submitted by Michele Gila

DIRECTIONS

Preheat oven to 350 degrees. Slice potatoes in half lengthwise. Arrange them on a lightly oiled baking sheet, cut side down. Bake in oven for about 30 min, or until the potato is tender to the touch. You want the skins in tact. Remove from sheet and let cool.

Once cooled, gently scoop out the potato, leaving about 1/4" at the skin. Mash this in a large bowl with the Nayo. Mix in the remaining ingredients. Take hollowed potato half and stuff it with the mix, until all shells have been filled. Sprinkle with smoked paprika. Chill. You can make these a day or two in advance. They keep quite well in the cooler for 4 days. Makes 12 potato angels.

Oregon Whitewater Board Report

Membership Status

Members	Paid	Year					Current Total
		2015	2016	2017	2018	2019	
Total	173	34	13	1	1	5	227

Bank Balance Status

Opening Balance	Current Balance	Projected Balance		
		Income	Expense	Closing
\$16,000	\$16,000	\$18,000	(\$19,000)	\$15,000

* All values rounded to the nearest \$1,000

Budget Status

Amount	Budget				
	2011	2012	2013	2014	2015
Member Dues	\$3,220	\$5,148	\$5,768	\$7,028	\$7,028
Advertising	\$1,000	\$1,800	\$1,800	\$1,700	\$1,600
River Trip	\$1,520	\$1,000	\$1,300	\$480	\$736
Events	(\$350)	(\$250)	(\$250)	(\$250)	(\$275)
Charity	(\$150)	(\$300)	(\$500)	(\$500)	(\$500)
Miscellaneous	(\$200)	(\$200)	(\$400)	(\$700)	(\$700)
Fees	(\$219)	(\$219)	(\$219)	(\$1,055)	(\$1,055)
Safety Training	(\$925)	(\$1,760)	(\$1,965)	(\$2,190)	(\$2,522)
Newsletter	(\$1,820)	(\$1,900)	(\$2,200)	(\$2,000)	(\$2,000)
Meeting	(\$1,600)	(\$2,300)	(\$2,300)	(\$2,400)	(\$2,700)
Total	\$476	\$1,019	\$1,034	\$113	(\$388)

Knot of the Month – Figure 8 on Bight

Each month we will showcase essential knots you should know for river situations

Overview

- The figure 8 on a Bight forms a permanent loop in the rope.
- It is a very strong knot and can be tied anywhere on the rope (not just the end)
- Drawback: It cannot be tied around anything so you must clip into it with a carabineer or tie another knot/webbing into it.



bight

Tied: The same as a Figure 8 but you start off with a bight

Use

- At the end of a rope as an anchor point. Anywhere within the rope for a pig rig. In the middle of a haul line to pull against

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Upcoming Trips

Submitted by Pat Barry,
Trip Editor



Please go to the OWA website for additional details on each trip, [CLICK HERE](#)
Or go to <http://oregonwhitewater.org/calendar/trip-calendar>

9.12- Sat-Mon	Hell's Canyon	III/IV	Mike Moses	mtymo_@hotmail.com	509-240-4220
9.19 Sat	Santiam Fall Colors Float	II/III	Matt Saucy	sawdusty9@yahoo.com	971-241-5396
11.7-9 Sat-Mon	Veteran's Day Rogue River	III/IV	TBA		

PAST OWA RAFTING TRIPS

8.6-9 Thur-Sun	Selway River (low flow) IK trip	III	Eric Ball	balle@pocketinet.com	509-529-6134
6.25-28 Thur-Sun	McKenzie River	III	Brenda Bunce	brenda.bunce@gmail.com	360-931-4224
6.19-21 Fri-Sun	Lower Deschutes Women's Trip	II/III	Carol Beatty	caroldon1@comcast.net	503-816-6172
5.29-31 Fri-Sun	Upper N. Umpqua	III/IV	Walt Bamaan	wbamaan@wmni.net	
5.21-25 Thur-Mon	John Day River	II/III	Dave Graf	dmgraf55@centurytel.net	
5.15-18 Sat-Sun	Rogue River Lodge	III/IV	Van McKay	vanm1@aol.com	360-737-3148
5.9-10 Sat-Sun	Lower Cispus	II/III	Tina and Eric	TNEMYREN@gmail.com	
5.8-10 Fri-Sun	Grande Ronde	III	Eric & Candace	balle@pocketinet.com	509-529-6134
5.2 Sat	Green River Cleanup	III/IV	Brenan Filippini	www.wrrr.org	
4.24-26 Fri-Sun	Lower N. Umpqua	II/III	Brenda Bunce	brenda.bunce@gmail.com	360-931-4224
4.18 Sat	Deschutes River Tax Relief Float	III/IV	Bill Goss	zanng@msn.com	503-757-4659
3.21-23 Sat-Mon	Lower Deschutes Spring Break Float	II/III	Scott Ogren	scott@scottogren.com	503-267-9785
2.14-16 Sat-Mon	Rogue River	III/IV	Steve Oslund	stevilone@gmail.com	503-709-7661
1.1 Thurs	Sandy River	II/III	Val Shaul	val.shaul@frontier.com	503-805-8991



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